



Join us March 4-8



# **ALL STUDENTS EAT ALL MEALS @**

PITT COUNTY SCHOOL NUTRITION SERVICES

#### Monday, March 4

#### **Breakfast**

Super Donut Applesauce Cup

#### Lunch

Breakfast Bowl with Eggs & Chicken Chicken Drumstick with **Biscuit Baby Carrots Deli Roasted Potatoes** 

Banana

#### Tuesday, March 5

#### **Breakfast**

Turkey Sausage and Cheese Croissant Fresh Apple Lunch

Mandarin Orange Chicken with Chicken Egg Roll Mini Corn Dogs Sweet Potato Souffle Broccoli with Cheese Sauce Pineapple Tidbits

# March 3 is "Read Across America" Day

## Wednesday, March 6

**Breakfast** Strawberry Parfait Raisins

#### Lunch

Buffalo Chicken Pasta with Roll Bacon or Regular Cheeseburger Lettuce & Tomato French Fries Green Beans Fresh Apple

#### Thursday, March 7

#### Breakfast

Mini Strawberry Pancakes Cool Tropics Slushie

#### Lunch

Eastern NC BBO or Chicken BBQ on Bun Cheese Stix Marinara Sauce Coleslaw Baked Beans **Diced Peaches** 

#### Friday, March I

#### **Breakfast**

Large Blueberry or Chocolate Chip Muffin **Diced Pears** 

#### Lunch

Assorted Pizza Chicken Wings with Roll Sweet Potato Waffle Fries **Broccoli** with Cheese Sauce Fruit Mix

The Honey Badger of Africa and Asia is really closer to a weasel than a true badger, but one thing about its name is definitely true: the honey badger loves honey and will avidly seek out beehives to get at it. Of course, the honey badger will also eat pretty much anything it finds -- rodents, frogs, snakes, insects, turtles, birds, lizards, eggs, vegetables, and whatever else it comes across. They've even been known to chase away young lions and steal their kills. Guess the honey badger really doesn't care!

### Friday, March 8

#### **Breakfast**

Mini Strawberry Cream Cheese Bagels Diced Peaches

#### Lunch

Big Daddy's Pizza Chicken Parmesan over Spaghetti Garden Peas Sweet Potato Waffle Fries Fruit Mix



#### Monday, March II

#### **Breakfast**

Mini Cinnis Applesauce Cup

#### Lunch

Baked Macaroni and Cheese Smashburger with Onion Ring Green Beans French Fries Banana

#### Tuesday, March 12

#### **Breakfast**

Chicken Sausage Biscuit Banana

#### Lunch

Scoopin Beef Tacos with Tortilla Chips and Oueso Chicken Ouesadilla Salsa Street Corn Fiesta Black Beans Fresh Apple

#### Wednesday, March 13

#### Breakfast

French Toast Sticks Raisins

#### Lunch

Grilled Cheese Sandwich Beef Hot Dog on Bun Vegetable Beef Soup **Baked Beans** Fruit Crisp

#### Thursday, March 14

#### Breakfast

Strawberry Cream Cheese Mini Bagels

#### Lunch

Big Daddy Stuffed Pepperoni Sandwich Smucker's PBI Marinara Sauce Dragon Juice Diced Pears Craisins **EARLY RELEASE** 

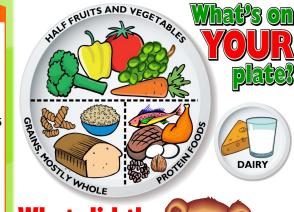
#### Friday, March 15

#### Breakfast

Turkey Sausage Breakfast Pizza Bagel **Diced Pears** 

#### Lunch

Individual Turkey Meateaters Pizza Chicken Dumlings with Chicken Egg Roll **Buffalo Fish Dippers with** Corn Muffin Steamed Broccoli Mandarin Orange Cup



# What did the **Teddy Bear** dessert

say when offered

"No, thanks. I'm stuffed!" Actually, that's not a bad answer for a real kid, too. Foods that are mainly sugar, fat, or oil -- like candy and desserts -- are fine in small portions and once in awhile. But they should not replace healthy foods in your diet and they should not be an every day choice!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

### Monday, March 18

#### **Breakfast**

Banana or Berry Bread **Applesauce Cup** 

#### Lunch

Cheese Stix with Marinara Sauce General Tso's Chicken with **Brown Rice** Steamed Corn Green Beans Banana

#### Tuesday, March 19

#### **Breakfast**

Super Donut Raisins

#### Lunch

Chicken Filet on Bun Garlic Cheese French Bread Marinara Sauce Candied Yams Deli Roasted Potatoes Fresh Orange

#### Wednesday, March 20

#### **Breakfast**

Mini Strawberry or Maple **Pancakes** Fresh Orange

#### Lunch

Beefaroni Mini Corn Dogs Texas Ranchero Beans **Chopped Romaine Salad** Spiced Apples

#### Thursday, March 21

#### **Breakfast**

Turkey Sausage & Cheese Croissant Craisins

#### Lunch

Chicken Chunks with Dutch Waffle Bacon or Regular Cheeseburger California Blend Veggies Mashed Potatoes Frozen Fruit Cup

#### Friday, March 22

#### **Breakfast**

Large Blueberry or Chocolate Chip Muffin **Diced Pears** 

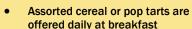
#### Lunch

Assorted Pizza Chicken Wings with Roll Sweet Potato Waffle Fries Broccoli with Cheese Sauce Fruit Mix



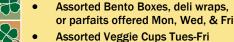








Chef Salads offered Tues & Thurs





and lunch







